RAMAKRISHNA MISSION VIDYAMANDIRA

BOSE HOUSE CAMPUS

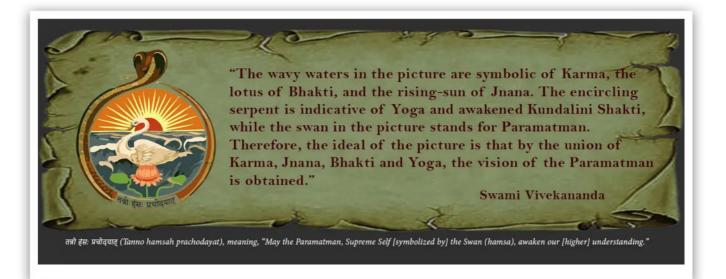
A Cultural & Educational Center (Rishra, Hooghly)

A Unit of Ramakrishna Mission Saradapitha Belur Math, Howrah



Brochure For 1 Year Offline Certificate Course On

GERIATRIC CARE & NURSING ASSISTANT



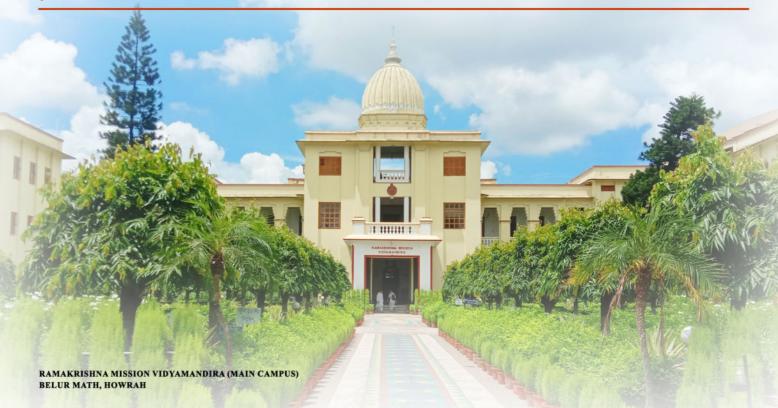
Mission Statement

'True to the kindred points of Heaven and Home'- to borrow an evocative line from William Wordsworth's celebrated poem 'To a Skylark' - the ideology of Ramakrishna Mission was formulated by Swami Vivekananda as "Atmano mokshartham jagad hitaya cha" (i.e) 'For one's own salvation and for thewelfare of the world'). This telling phrase encapsulates an over-arching spiritual ideal in which individual spiritual aspiration and the spirit of altruism co-mingle. A private spiritual life that turns a blind eye to the suffering

humanity, Swami Vivekananda never tired of pointing out, is necessarily a selfish life led in isolation. Recognising as he did the immanent divinity in every living being, Swamiji bequeathed to humanity the ideology of 'Practical Vedanta'.

The educational domain is an important area where 'Practical Vedanta' finds wonderful application. In fact, the luminous mind of Swamiji probed man to his very depth and came up with the astounding revelation that infinite goodness and infinite perfection are lying buried in every man, waiting to be called out. Just as friction brings out the hidden fire from a flint, right kinds of external suggestions would likewise call forth ethical excellence and elements of creativity already present in their potential forms in man. True education, if anything, helps this manifestation through creating "right kinds of external suggestions". To the extent an academic milieu furnishes such "right kinds of external suggestions", it serves the purpose of education. Based on this educational ethos of Swami Vivekananda, our College, ever since its inception, has been striving to build up an environment that would help manifest in its learners.

Divinity (i.e. such scintillating values as selflessness, moral courage, truthfulness etc.)
Perfection (i.e. academic excellence



RAMAKRISHNA MISSION VIDYAMANDIRA

A vision, born of the irresistible character-force of a mighty spiritual genius, ceases to belong to the realm of speculation — instead it becomes a living force working itself out imperceptibly to find its fulfilment sooner or later. What is today the Ramakrishna Mission Vidyamandira, does indeed trace its origin to such a vision of Swami Vivekananda. True to the Prophet's vision as early as 1898 of a temple of learning combining the elements of the ancient 'Gurukula' tradition of India and the scientific temper of the West, the authorities of the Ramakrishna Mission, Belur Math started 'Vidyamandira' as an Intermediate Arts College in 1941 under the auspices of Saradapitha, a branch of the Ramakrishna Mission.

For history to be made, there must be years – long, gruelling years. From an Intermediate Arts college in 1941 to a three-year degree college in 1966 through to becoming 'a college with potential for excellence' as also being conferred with the autonomy status by UGC in 2010, Vidyamandira's onward march through the passage of years is a fascinating study of an educational Institute's bold strides, despite various odds, into the arena of high education. Also, during the academic session 2006-2007, post-graduate teaching was introduced and in the year 2013 the college established 'Swami Vivekananda Research Centre' to run PhD programmes. Currently, with as many as fourteen undergraduate Hons. Courses, six post-graduate courses, researches in various disciplines and a plethora of Certificate as well as Add-on courses running apace, Vidyamandira can well be likened to a mini-University which has been leaving ,all these years, its quiet yet unmistakable impact on the society by sending out academically skilled individuals with high character efficiency...

HISTORY OF THE BOSE HOUSE CAMPUS



This garden house, belonging as it did to Sri Sarat Chandra Bose, the elder brother of Netaji Subhas Chandra Bose, is said to have scripted a fair bit of history by having none other than Netaji himself setting foot in it. After Netaji's great escape in 1941, this historic house, according to police file No 24 of Police Museum, Kolkata, was used as a meeting place with the representatives of the Japanese Consulate to get news from Netaji.

Probably in May, 1941 a link between the Bose family and the Japanese Consulate was created. Subsequently, Sarat Bose met Japanese Consul General Okazaki at this Garden House. On that day of the first meeting, Sisir Bose drove the car of the Consul bringing him to this house. It is learnt that the next Consul Ohta along with his wife also came to this house several times to meet Sarat Bose. In fact, to avoid the surveillance of British intelligence officers, Mrs. Ohta used to come here wearing saree so that it would appear as if she was coming to attend a social gathering. Indeed, numerous meetings of this kind having taken place here, this house unmistakably lies wreathed in a glorious bit of history pertaining to the last leg of the Indian freedom movement.

Later the descendants of the Bose family sold this property and eventually in 2005 Sri Paritosh M Chakrabarti got the ownership of this property. Finally, this historic Bose House Property has been donated by Sri Paritosh M Chakrabarti and Sreemati Chakrabarti to Ramakrishna Mission Saradapitha, Belur Math for the construction and development of a Cultural and Educational Centre to promote the legacy of Swami Vivekananda and Netaji Subhas Chandra Bose. Now the Bose House Campus is the second campus of Ramakrishna Mission Vidyamandira.



BOSE HOUSE CAMPUS: SPECIAL FEATURES

- Swami Vivekananda's dream was to combine the traditional Upanishadic teachings of India with the knowledge of the West. A bunch of online and offline courses have been started from this campus to contribute towards the actualization of this vision..
- Keeping employability in mind, skill development courses like Digital Skills, Data Analysis, Communicative English, Communicative Hindi or Modern Journalism have been made part of our curriculum.
- Courses like Indian Mythology: Srimad Bhagavatam, Indian Philosophy: Vedanta, Buddhist Studies are meant to make one aware of India's ancient traditions, classical culture etc. These courses are very helpful in higher level research too.
- Courses such as 'Students' Mental Crisis & Intervention', 'Personality Development in the light of Ramakrishna-Vivekananda Movement' will help in combating today's dreaded mental disorders like stress, depression, anxiety and will also help developing effective personality to make one fit for career.
- Art Appreciation, Music Appreciation as will as Drawing & Craft and Music Classes will develop aesthetic sense on one hand and creativity on the other. Apart from higher level research, the vocational oriented learning of these courses today will also shape your career.
- Educational and Cultural Workshops, Seminars and Value Oriented Programs organized from this campus from time to time will be helpful for your skill development as well as values development.
- The various awareness programs and relief activities organized at this campus by the NSS department of Ramakrishna Mission Vidyamandira will be especially helpful in your socialization.
- Srimat Swami Suviranandaji Maharaj, General Secretary of Ramakrishna Math & Ramakrishna Mission officially inaugurated this campus on 21st February 2024, on the day of International Mother Language Day. In the inaugural meeting, Revered Maharaj said that the novelty of this campus of Ramakrishna Mission is that this is a co-educational institution. Girls will also study here. Swamiji said that a bird has two wings; and if both are not equally empowered and strong, then the bird cannot fly well. The governing body of Ramakrishna Mission has decided that both boys and girls will come here non-residentially; for the excellence of their lives.





Brochure For 1 Year Offline Certificate Course On

GERIATRIC CARE & NURSING ASSISTANT



PROGRAMME FRAMEWORK

Name of the course	ONE YEAR CERTIFIED GERIATRIC CARE & NURSING ASSISTANT
	The need for Geriatric Care is growing in response to the increasing geriatric population and changing social dynamics. When this care is blend with Nursing care, it helps to address the providing care and assistance to elderly individuals who may have various medical conditions and age-related limitations.
Aims & Objectives	The Certified Geriatric Care & Nursing Assistant (CGCNA) program is designed to equip individuals with the necessary skills and knowledge to effectively care for elderly individuals across various healthcare sectors. The program aims to create a skilled, experienced and dedicated workforce capable of supporting elderly patients and assisting other healthcare providers, primarily in home care, care homes, old age homes (including assisted living facilities), rehabilitation institutions, and hospitals. As such, the program provides a learning platform for understanding the activities and diverse care interventions required by elderly patients and to collaborate closely with the healthcare team to provide comprehensive and holistic care.
Tradition &	Banchbo School of Human Skill Development (BSHSD) is a unit of Government registered NGO Darpan enrolled well established NGO Banchbo Socio-cultural Association (Registered in 1997). BSHSD is also an Institutional Associates of Healthcare Sector Skill Council (HSSC) and also a training partner of . BSHSD conducted One year Certified Nursing Assistant (CNA) course and Six months Certified Physiotherapy Assistant (CPA) course at their both training units in Kolkata and Sundarban since 2015. Banchbo Socio-cultural Association is directly engaged in Geriatric healthcare for nearly 2 decades since 2007 by providing Eastern India's first 24 × 7 Home based Emergency and Preventive Geriatric Healthcare Service by its associated sister concern Banchbo Healing Touch Foundation and also conduct monthly Geriatric Outpatient Clinic at remote Sundarban.
Background	Geriatric Society of India West Bengal Branch: West Bengal state branch (also separately registered under the society registration act) of the National Organization Geriatric Society of India - Supporting & contributing towards the Indian Geriatric cause, Geriatric Society of India is a Nongovernmental Organization which includes a specialist medical association of doctors. Geriatric Society of India (GSI) has been a campaigner in this field for last three decades. It is a non-profitable medical association which aims to bring geriatricians together & spreading awareness of Geriatrics in the medical as well as paramedical community. GSI is also engaged in Geriatric Research, Publication and Academic courses.

Important Literature and Texts

BSHSD follows:

- 1. A Guide for Geriatric Social Worker(Care Giver)-Published by GSI
- 2. Sahaj Nursing Sikshya(Fundamental of Nursing) compiled by Teachers of Dadhichi Community College, Published by Dip Prakashan
- 3. Common Health Words Compiled by : Dr Dhires Kumar Chowdhury
- 4. Susthya Bardhakya: Dr Dhires Kumar Chowdhury
- 5. Videos on Geriatric Healthcare(From BHTF:GSI)
- 6. Articles on Geriatric Healthcare (From BHTF:GSI)

Certified Geriatric Care & Nursing Assistant (CGCNA) training focuses exclusively on satisfying the daily living and nursing needs of the elderly population. A CGCNA's skills and personal qualities must be suitable for working with the elderly.

CGCNAs care for elderly patients while understanding their specific needs, such as having several co-morbid conditions including Dementia, Alzheimer and Parkinsonism. CGCNAs specialize in providing assistance and essential nursing services to patients over the age of 60, usually while working under the supervision of nurses and physicians.

CGCNAs are certified to work in a wide variety of geriatric care environments, including:

Applied Aspects

- ✓ Adult Day-care Centers
- ✓ Alzheimer's or Dementia care facilities
- ✓ Home-care Agencies
- ✓ Hospitals
- ✓ Independent Living Communities (such as continuing care retirement communities)
- ✓ Long-term Care Facilities (nursing homes, residential care homes, skilled nursing facilities, and assisted living facilities)
- ✓ Old Age Home / Residential Care
- ✓ Physician's / Geriatrician's Chamber
- ✓ NGOs engaged in Geriatric care.

The candidate will be trained in factual, technical, and procedural knowledge, as well as the skills required to function as a passionate career in multiple settings. This course provides classroom training as well as practical experience, including placement support

Connect with the contemporary knowledge system

Certified Geriatric Care & Nursing Assistants (CGCNA) play a significant role in the present education system particularly in the healthcare sector and obviously in the Geriatric and Gerontology field. Their importance can be seen in the following aspects:

- ✓ Knowledge sharing: CGCNAs bridge the gap between Healthcare providers and Geriatric patients by sharing their valuable factual experiences which can enhancing the understanding of healthcare professionals to implementing more evidence based Geriatric treatment and management.
- ✓ Continuing Education: They provide unbiased, accurate, hands on experience to Healthcare professionals, Geriatricians and Gerontologists contributing to their ongoing education and research works.
- ✓ Access to information: They serve as a valuable resource for healthcare providers and researchers by offering their accurate and hands on field experiences.
- ✓ Patient care: Their experiences and sharing of information indirectly contributing in the improvement of patient outcomes and better healthcare and Geriatric care services.
- ✓ Policy making: Their experiences and sharing of practical based information contributing in the policy making of concerned authorities and stakeholders on Geriatric care.
- ✓ Collaboration and Partnership: They foster strong relationship and collaboration with the healthcare providers, promoting integrated collaborative approach to healthcare and Geriatric care and advancing overall comprehensive Geriatric care.

Valuable excerpts from ancient texts

'Vriddha sevi hi satatam rakshobhirapi pujyate, Manu Smriti VII/38 ..."One who serves the Elderly is adored by even Rakshas as "Oriental and Far East traditions and other ancient traditions are well known for their close-knit family relationships. They have long traditions of respecting elders and ageing is accepted as an essential phenomenon of life and is well accepted with dignity. One can find concrete references with special considerations to Geriatric care in Ayurveda. There are strong evidence based proof of the demographic, social, anthropological and cultural roots of elderly care from ancient Indian scriptures like Vedas, Dharmashastra (Manu, Apastambha, Baudhayana dharmasutra etc.,) and evidences available in other religious systems. Ayurveda is an integral part of the Indian Sub continent's historical and socio-cultural continuum. Elderly care by default is built in Ayurvedic medical care.

AYURVEDIC APROACH: Ayu - means "aharahargacchatiti Ayu" the time, which keeps reducing is Ayu. It means Aging is a phenomenon which indicates that as one is growing older, he is losing his age or nearing death the end of life. Ayurveda gives top priority to Geriatrics. The term Geriatric is derived from Greekm word – Geri – old age. It is the branch of medicine concerned with the care and treatment of elderly. In Ayurveda, this is called "Vridhop acharaneeyam", The word geriatric has also a close link with the Sanskrit word 'Geeryadi' which means degenerated.

Reference: GERIATRIC HEALTH CARE- A HISTORICAL PERSPECTIVE: October 2007 Bulletin of the Indian Institute of History of Medicine (Hyderabad) 28(4):1-19, Authors: Ala Narayana, Saketh Ram Thrigulla, National Institute of Indian Medical Heritage, Subhas Varanasi

Future Prospects

 \checkmark Acquire the skills and confidence to provide compassionate care for the elderly.

- ✓ Expand career opportunities in nursing homes, assisted living facilities, home care, and hospitals.
- ✓ Make a meaningful impact on the lives of senior citizens and their families.
- ✓ Develop a strong foundation for further specialization in geriatric care.
- ✓ This Course offers a holistic learning experience that empowers to provide exceptional care for the elderly.
- ✓ These trainees can fill the huge shortage of skilled and trained personnel compared to the current needs in the Geriatric care.
- ✓ At the same time trained personnel will able to live decent livelihood by their dignified earning.

After completing this course, trainees will be well-prepared to make a positive difference in the lives of senior citizens, supporting their well-being, dignity, and quality of life.

CURRICULUM

TOTAL CREDIT: 95

TOTAL CREDIT HOURS: 1425 HOURS

COURSE DURATION: 1 YEAR

FULL MARKS: 600

	COURSE CONTENT	HOURS
UNIT 1	INTRODUCTION	
Introduction of Geriatric Care		12
Introduction of Nursing Care		
• Introduction o	Introduction of Healthcare Delivery System	
UNIT 2	BASIC IDEA OF ANATOMY : PHYSIOLOGY & NURSING CARE & DOCUMENTATIONS	
Basic Idea of Human Anatomy		70
Basic idea of Human Physiology		
• Introduction of Vital Signs		
• Introduction of Documentation		
• Introduction of Bath & Bed Making		
• Introduction of Diet; Nutrition; Ryle's Tube Feeding; Diet chart		

• Introduction of	f Genito urinal Care including Catheter care;	
• Introduction of Injection		
• Introduction of		
UNIT 3	BASIC IDEA OF GERIATRIC CARE & ROLE OF CGCNA	
• Concept of Ag	eing & its importance	64
• Concept of Ac Assessment & A	tivities of Daily living: Instrumental Activities of Daily living: Basic Cognitive	
	riatric & other common ailments & Geriatric Immunisation.	
• Role & Respon	nsibilities of CGCNA in ADL: IADL & Assisted living	
Basic Idea of Omachine; Oxyg		
• Basic Idea on Stool; Sputum;		
	• Performing Basic Instrumental Procedure :-CBG checking; Nebulization, Inhaler giving; Ryle's Tube Feeding : Measuring Oxygen saturation; Enema giving etc.	
UNIT 4	Basic Idea of Emergency Care / Support & Safety	
• Idea of Comm	on Geriatric Emergency	20
• Concept of Eld	der friendly Home/Environment including Fall Assessment	
• Preparedness t	o handle Emergency situations & CPR	
UNIT 5	BASIC IDEA OF GERIATRIC RELAATED DIFFERENT THERAPIES	
Basic Idea of Physiotherapy ; Movement Therapy; Swallow Therapy : Yoga : Naturopathy		12
UNIT 6	BASIC IDEA OF GERIATRIC MENTAL HEALTH CARE	
• Concept of Ge	riatric Mental & Spiritual wellbeing	16
• Idea of Geriati	16	
• Idea of Geriatr		
UNIT 7	BASIC IDEA OF END OF LIFE CARE & PALLIATIVE CARE	16
Supports required to provide End Life Care and Palliative care		16
UNIT 8	SUPPORTING / CARE OF SPECIAL GERIATRIC GROUP	
Basic idea of care of the Dementia patient		20
Basic idea of c		

UNIT 9	WASTE MANAGEMENT & INFECTION CONTROL	10
Basic idea of Waste management & Infection Control		10
UNIT 10	ON JOB DUTY & PRACTICAL ORIENTATION TRAINING	
On the job training in Geriatric care Institute, Nursing Home, Old age Home and Home health care provider.		
Terminal outcomes: a) Training of documentation b) Training of maintaining health parameters c) Visit to Geriatric Home d) Accompany the Doctors during Geriatric patient visit e) Accompany the Therapist during patient visit f) Accompany the Emergency medical team g) Visit to old age Home / Home health care institute h) Outreach program- attending Geriatric OPD/ Clinic at Rural/Peripheral areas i) Attending different seminar, workshop, conference j) Field survey on Geriatric Health care issue and Project work on specific subject related to Geriatric care and Nursing.		576
Practical orientation training in Hospital, Nursing Home, Geriatric Health care institution, Hands on Institutional training which will facilitate the trainees to be oriented on a) Measuring Vital signs/ parameters b) Diet giving including Ryle's Tube feeding c) Providing Bath & Hygiene d) Making Bed e) Providing Gerinto urinal care f) Care of Urinary Catheter g) Maintaining Intake-Output chart h) Providing Oxygen; Nebulization; BiPAP etc. i) Assisting during providing Enema j) Assisting in Emergency care k) Dressing especially Bed sore dressing.		609

SUGGESTED READINGS

- 1. A Guide for Geriatric Social Worker(Care Giver)-Published by GSI
- 2. Sahaj Nursing Sikshya(Fundamental of Nursing) compiled by Teachers of Dadhichi Community College, Published by Dip Prakashan
- 3. Common Health Words Compiled by : Dr Dhires Kumar Chowdhury
- 4. Susthya Bardhakya : Dr Dhires Kumar Chowdhury
- 5. Videos on Geriatric Healthcare(From BHTF:GSI)

Articles on Geriatric Healthcare (From BHTF:GSI)

ASSESSMEMT

THEORY: 100

- True False Statement
- MCQ:
- Matching Type question
- Fill in the blanks
- Scenario based question
- Identification question

PRACTICAL & VIVA: 200 (140 + 60)

- Geriatric care (70 + 30)
- Nursing care (70+30)

PROJECT;100

FIELD WORK / SURVEY: 100

PERIODIC ASSESSMENT: 50

ATTENDANCE: 50

ELIGIBILITY CRITERIA

Age: No bar

• Gender: No bar

 Academic: 12th Grade Pass (any stream) & above or 10th Grade pass plus 3 years relevant work experience

PROGRAMME DETAILS

• Duration of the Course: 12 Months

Total Hours: 1425 HoursMode of Instruction: Offline

• Medium of Instruction: English & Bengali

- 80% attendance in the theory classes is mandatory
- Mandatory completion of entire OJT and Practical Orientation Training
- At the end of the course, all the participants will be given certificates by Swami Vivekananda Research Centre, Ramkrishna Mission Vidyamandira College, Banchbo School of Human Skill Development and Geriatric Society of India West Bengal Branch
- During the conductance of the course the decision of the college authority is final.

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Mr. Swarup Goswami - Regional Coordinator Healthcare Sector Skill Council, East, Govt of India

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Ms. Kuhu Chowdhury - MA, MBA(Healthcare Management), Diploma in Hygiene & Infection Control, CCCA, BLS certified, CGSW(GWITER), Director, BHTF

Mr. Sushil Sharma - BCom(H), CNA, CCCA, BLS certified, CGSW(GWITER), Director, BHTF

Mr. Amitava Banerjee - BSc, Medico Legal Consultant, Senior Dialysis Technician, Apollo Gleneagles Hospital

Mr. Arindam Chatterjee - CPBA, CPVA, International Motivational Speaker

Mrs. Bithika Bhowmik - ANM (Burdwan Medical College), Grade 2 Staff Nurse, West Bengal Nursing Council, Ex Staff Nurse, Walls Super Speciality Hospital, Sreerampur, Hoogly.

Faculties Support from Geriatric Society of India West Bengal Branch

COORDINATOR

Mr. Samir Kumar Dasgupta - BSc, Diploma in Health Statistics, CCCA, BLS certified, EB Member, BSCA

FACILITATORS

Mr. Tapan Sen - Ex Engineer, General Secretary, BSCA

Mr. Ashim Pain - BSc, Admin Head, BHT

Mr. Apurba Ghosh - BCom, CCCA, BLS certified, CGSW(GWITER), EB Member, BSCA

Mr. Bikram Halder - Executive Supervisor, Bose House Campus, Rishra

Mr. Saikat Halder - Office Superintendent cum Coordinator, Offline Courses, Bose House Campus, Rishra

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"श्रीतामक्ष ३ श्वामी वित्वकानत्मत निक्र व्यामि त्य क्य भागी ठारा छाषाग्र कि कित्रग्रा थ्रकाम कित्रव ? ठारोत्मत भूण थ्रछात्व व्यामात श्रीवत्नत थ्रथम छत्यम । 'नित्विम्छात्र' मत्या व्यामिश्च मत्न कित्र त्या, तामक्ष ३ वित्वकानम्म अक्षा व्याभ व्यक्तित्वृत पूरे क्रम । व्याभ यिम श्वामीकि श्रीविछ शांकित्वन, छिनि निम्मग्ररे व्यामात थ्रक रहेत्वन - व्यवाद छौत्क विम्मग्ररे व्यामि थ्रक्रमत्म वत्रम कित्रग्रम । यारा रहेक, यछिन श्रीविछ शांकिव छछिन 'तामक्ष-वित्वकानत्मत' अकान्न व्यव्भ छ व्यव्जक शांकिव, अक्था वना वारम।"

